



## Route Information

Route Name           Mortimer X-Country

## Route Summary

Total Distance       7.95 km (4.94 mi)

Elevation             179 m (588 ft) at lowest point

351 m (1152 ft) at highest point

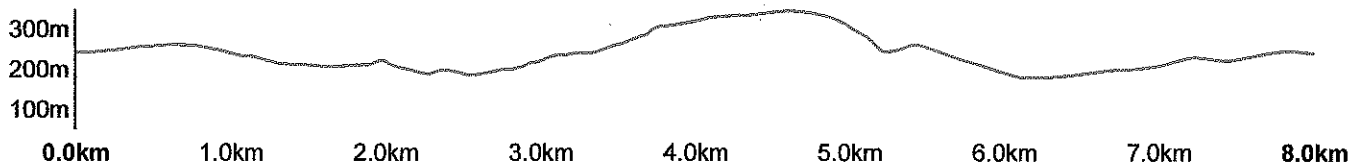
Walk     2 h 10 min

Run      1 h 18 min

Total Ascent         350.3 m

Cycle    1 h 0 min

## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevations
1	SO 474 731	0.00 km	52° 21' 14" N	2° 46' 24" W	246m (807ft)
	Dist to next: 0.05 km				
97	SO 474 730	7.95 km	52° 21' 12" N	2° 46' 22" W	242m (794ft)