

Place	Time	Name	Team	Category	Race No	Grading
1	00:44:54	JAMES, Matt	Hereford Couriers	Senior Men	328	
2	00:44:57	PFEIFFER, Mike	Builth & District Running Club	Vet Men 50-54	177	
3	00:46:57	GRUBB, Chris	Ledbury & District Harriers	Senior Men	336	
4	00:48:22	COOMBES, Jamie		Senior Men	83	
5	00:48:33	JONES, Gavin	Monross Trailblazers	Senior Men	26	
6	00:48:39	MAYO-EVANS, Alan		Senior Men	60	
7	00:48:46	JONES, Rob	Worcester AC	Senior Men	21	
8	00:49:48	TYLER, Andrew	Hereford Couriers	Vet Men 45-49	74	
9	00:50:15	TOSH, Liam	Hereford Couriers	Vet Men 45-49	54	
10	00:50:35	DOWLE, Christian	Malvern Buzzards	Vet Men 50-54	241	
11	00:51:42	WOOD, Lea	Wye Valley Runners	Senior Men	263	
12	00:52:19	FOREMAN, Simeon Andrew	Malvern Buzzards	Vet Men 40-44	9	
13	00:52:22	CARTER , Jimmy	Meirionnydd Running Club	Vet Men 40-44	106	
14	00:52:43	BURNAGE, Samuel	Malvern Buzzards	Vet Men 45-49	14	
15	00:52:47	WHISTANCE, Ian	Wye Valley Runners	Vet Men 45-49	277	
16	00:52:56	COLLIER , Craig Ian	Ludlow Runners	Senior Men	157	
17	00:53:11	WOODWARD, David	Malvern Buzzards	Senior Men	16	
18	00:53:48	MAUL , William jack	Hereford Couriers	Senior Men	57	
19	00:53:49	HITCHINGS, Nick	Worcester AC	Vet Men 50-54	176	
20	00:54:09	GRAY, Dan	Monross Trailblazers	Senior Men	5	
21	00:54:18	PHILLIPS, Dan		Senior Men	205	
22	00:54:21	GORE, Will	Croft Ambrey RC	Senior Men	120	
23	00:54:33	EMMERSON, Charles		Senior Men	49	
24	00:54:52	EMMERSON, Niels		Senior Men	46	
25	00:54:57	KINGSTON, Harry		Senior Men	84	
26	00:54:58	FERNANDEZ-HOWELLS, Chris	100 Marathon Club	Senior Men	372	
27	00:55:00	GRINNELL , Neil	Ledbury & District Harriers	Vet Men 40-44	335	
28	00:55:23	DICKENSON, Andy	Malvern Buzzards	Vet Men 50-54	295	
29	00:55:39	GOURLEY, Holly	Ledbury & District Harriers	Vet Women 35-39	173	
30	00:55:57	BRADFORD, Nathan		Senior Men	58	
31	00:56:02	WILLIAMS, Luke		Senior Men	279	
32	00:56:03	TOOTELL , Laura	Wye Valley Runners	Vet Women 40-44	104	
33	00:56:04	GODDING, Alice	Ludlow Runners	Senior Women	159	
34	00:56:12	KLOTZ , David	Wye Valley Runners	Senior Men	88	
35	00:56:16	WHITFIELD, David		Vet Men 50-54	199	
36	00:56:17	WOODYATT, Matthew Alexander		Senior Men	71	
37	00:56:22	PRITCHARD , Robert	Hereford Couriers	Senior Men	10	
38	00:56:29	KING, STEVE		Vet Men 45-49	109	
39	00:56:34	THOMPSON COON, Luke		Vet Men 45-49	255	
40	00:56:50	ARCHER, David	Ludlow Runners	Vet Men 45-49	262	
41	00:57:38	MALLETT, Gemma	Croft Ambrey RC	Senior Women	351	
42	00:57:42	BODDY, Andrew		Vet Men 50-54	219	
43	00:57:49	CARTER, Martin	Hay Hotfooters	Vet Men 50-54	171	
44	00:58:15	CARTER, Addy	Hay Hotfooters		172	
45	00:58:30	SMITH, Robert Smith		Vet Men 50-54	268	
46	00:59:04	HAZELWOOD , Ian		Senior Men	193	

Place	Time	Name	Team	Category	Race No	Grading
47	00:59:45	AL-ANI, Lorna	Bournville Harriers	Vet Women 35-39	188	
48	01:00:09	DAY, Sean		Senior Men	265	
49	01:00:23	MACDONALD, Lucy	Spirit of Monmouth	Senior Women	18	
50	01:00:57	WARBURTON, Simon		Vet Men 50-54	101	
51	01:01:02	BENNETT, Gareth	Wye Valley Runners	Senior Men	168	
52	01:01:06	EDDY, Joanna		Vet Women 40-44	95	
53	01:01:13	STOKES, Thomas		Senior Men	344	
54	01:01:17	GRIFFITHS, James	Newent Runners	Vet Men 50-54	258	
55	01:01:38	EVERSHAM, Luke		Senior Men	301	
56	01:01:52	SMITH, Katherine	Pershore Plum Plodders	Vet Women 35-39	293	
57	01:02:01	WATKINS, Hannah	Hereford Couriers	Senior Women	107	
58	01:02:09	DUNN, Liam	Emersons Green Running Club	Senior Men	259	
59	01:02:19	WOODFIELD, Roxy	Croft Ambrey RC	Senior Women	80	
60	01:02:32	SMITH, Daren	Forest of Dean AC	Vet Men 50-54	15	
61	01:03:13	NUGENT, Paddy	Wye Valley Runners	Vet Men 55-59	365	
62	01:03:17	CRESSWELL, Duncan	Newent Runners	Vet Men 40-44	281	
63	01:03:23	TARBATH, Damon		Vet Men 45-49	152	
64	01:03:31	HUTCHINSON, Iain		Senior Men	123	
65	01:03:46	OWENS, Sarah	Malvern Buzzards	Vet Women 40-44	358	
66	01:04:08	WATKINS, Mark	Wye Valley Runners	Vet Men 50-54	271	
67	01:04:16	BRADLEY, Tony		Vet Men 55-59	181	
68	01:04:35	PAPWORTH, James		Vet Men 50-54	149	
69	01:04:46	BALL, Vanessa	Monross Trailblazers	Senior Women	153	
70	01:05:09	WILLIAMS, Tim		Vet Men 40-44	242	
71	01:05:17	MAIN, Steph	Croft Ambrey RC	Vet Women 45-49	325	
72	01:05:19	SAUNDERS, Tony	Ledbury & District Harriers	Vet Men 55-59	97	
73	01:05:21	SMITH, Jim	Hereford Couriers	Vet Men 40-44	189	
74	01:05:23	GRIFFIN, Brian	Forest of Dean AC	Vet Men 60 - 64	216	
75	01:05:25	SMITH, Chris		Vet Men 50-54	218	
76	01:05:36	LOWSON, Brent	Wye Valley Runners	Vet Men 55-59	121	
77	01:05:40	GRIFFITH, Rhys		Vet Men 50-54	217	
78	01:05:48	GREEN, David	Hereford Couriers	Vet Men 50-54	261	
79	01:06:01	BEREZA, Joe	Emersons Green Running Club	Senior Women	257	
80	01:06:25	JONES, Adrian		Vet Men 65 -69	362	
81	01:06:41	KENDRICK, Marc		Senior Men	374	
82	01:06:44	GIBBS, Paul		Vet Men 45-49	145	
83	01:06:48	MARRIOTT, Jo	Croft Ambrey RC	Vet Women 50-54	349	
84	01:06:49	CRICHARD, Sam		Senior Men	323	
85	01:06:50	BELCHER, katie	Croft Ambrey RC	Senior Women	334	
86	01:07:03	REYNOLDS, Louise	Croft Ambrey RC	Vet Women 50-54	244	
87	01:07:13	TILBY, Joanne	Croft Ambrey RC	Vet Women 35-39	352	
88	01:07:16	BEDFORD, Steve	Wye Valley Runners	Vet Men 60 - 64	6	
89	01:07:20	PAPWORTH, Jenny		Vet Women 45-49	25	
90	01:07:26	WILDING, Lucy	Croft Ambrey RC	Senior Women	320	
91	01:07:28	BROWN, Ashley Robert		Vet Men 50-54	288	
92	01:07:44	PADFIELD, Chris	Ledbury & District Harriers	Vet Men 45-49	174	

Place	Time	Name	Team	Category	Race No	Grading
93	01:07:50	SHORT, EDDIE		Senior Men	221	
94	01:07:58	MILLIKIN, Nathan		Vet Men 45-49	350	
95	01:08:01	MORRIS, Ryan		Senior Men	114	
96	01:08:02	MORRIS, Ashley		Senior Men	113	
97	01:08:05	DAVIS, Tony		Vet Men 60 - 64	76	
98	01:08:07	EVANS, Matthew		Vet Men 40-44	269	
99	01:08:13	PRICE, Chris		Vet Men 40-44	122	
100	01:08:19	COMPTON, Lynne	Wye Valley Runners	Vet Women 50-54	274	
101	01:08:21	STANLEY, Alan		Vet Men 55-59	357	
102	01:08:30	DYSON, Ian	Malvern Buzzards	Vet Men 65 -69	198	
103	01:08:38	JOHNSON, Phil		Vet Men 40-44	156	
104	01:08:40	WILLIAMS, Jason		Senior Men	70	
105	01:08:46	GRAY, Ian	Monross Trailblazers	Vet Men 55-59	133	
106	01:08:53	KING, Joe		Vet Men 45-49	367	
107	01:08:55	ADAMS, Craig		Senior Men	360	
108	01:08:58	GODSALL, Garry		Vet Men 45-49	36	
109	01:09:05	WATHEN, Andrew		Vet Men 40-44	329	
110	01:09:18	FLETCHER, cathy	Spirit of Monmouth	Vet Women 45-49	89	
111	01:09:21	JONES , Nigel	Wye Valley Runners	Vet Men 60 - 64	192	
112	01:09:26	DAVIES, Wesley	Wye Valley Runners	Senior Men	313	
113	01:09:27	EMMERSON, Rob		Vet Men 55-59	43	
114	01:09:42	HORNE, Monique		Vet Women 40-44	302	
115	01:09:44	GREAVES, Amelia	Rhayader Running Club	Vet Women 35-39	85	
116	01:09:48	CULLEN, max		Vet Men 60 - 64	150	
117	01:10:06	DEMPSEY, Mark	Wye Valley Runners	Vet Men 65 -69	220	
118	01:10:12	WILLIAMS, Lauren		Senior Women	86	
119	01:10:14	HARPER, Samantha	Croft Ambrey RC	Vet Women 40-44	345	
120	01:10:25	BOWEN, Rhys		Senior Men	229	
121	01:10:27	MASON, Andrew		Vet Men 40-44	342	
122	01:10:29	THORNE, Jamie		Senior Men	214	
123	01:10:34	TAYLOR , Stuart		Senior Men	139	
124	01:10:43	ELKINGTON, Kate	Ledbury & District Harriers	Vet Women 50-54	347	
125	01:10:48	WALKER, Lisel		Vet Women 45-49	65	
126	01:11:12	GOODWIN, Nicola		Vet Women 40-44	48	
127	01:11:18	ADAMS , Martin	Forest of Dean AC	Vet Men 40-44	2	
128	01:11:24	MADDOCK, Clive	12 in 12	Vet Men 45-49	40	
129	01:11:47	DICKSON, Oliver		Vet Men 40-44	333	
130	01:11:52	HANCOCKS, James		Senior Men	300	
131	01:11:55	SMALLWOOD, Michael	Wye Valley Runners	Vet Men 50-54	56	
132	01:12:11	HARVEY, Elizabeth	Hay Hotfooters	Vet Women 35-39	162	
133	01:12:12	SAUNDERS, Amy	Ledbury & District Harriers	Vet Women 35-39	202	
134	01:12:26	PRITCHARD, Ann	Wye Valley Runners	Vet Women 50-54	158	
135	01:12:32	FLINT, carl steven	Malvern Joggers	Vet Men 60 - 64	284	
136	01:12:35	WILLIAMS, Luke		Senior Men	228	
137	01:12:37	DAVIES , Ashley	Wye Valley Runners	Senior Men	276	
138	01:12:46	TYLER-JONES, Bronwen	Hereford Couriers	Vet Women 45-49	77	

Place	Time	Name	Team	Category	Race No	Grading
139	01:12:50	HOGAN, Ella	Ledbury & District Harriers	Vet Women 40-44	38	
140	01:13:12	ISAAC, Alex		Vet Men 40-44	136	
141	01:13:15	BAYLEY, Sarah		Vet Women 35-39	72	
142	01:13:15	SLOAN, Guy		Senior Men	197	
143	01:13:19	HARMAN, Cecilia	Rhayader Running Club	Vet Women 35-39	102	
144	01:13:25	ALLEN, David		Vet Men 55-59	230	
145	01:13:26	YOUNG, Keith		Vet Men 65 -69	62	
146	01:13:38	PRITCHARD, Erica		Vet Women 40-44	160	
147	01:13:40	WHITAKER, Georgina		Vet Women 40-44	264	
148	01:13:42	PLEWS, Leanne		Vet Women 35-39	215	
149	01:13:43	KIMBER, Rachael		Vet Women 45-49	187	
150	01:13:44	FORMON , Sally		Vet Women 50-54	90	
151	01:13:56	DAWES, Nigel	Birmingham Running Athletics & Triathlon Club (BRAT)	Vet Men 55-59	207	
152	01:14:02	MCAFEE, Robert		Senior Men	73	
153	01:14:09	GODSALL, Charlotte		Vet Women 40-44	33	
154	01:14:16	SYMONDS , Brian	Wye Valley Runners	Vet Men 75 -79	34	
155	01:14:31	KING, Sara		Vet Women 35-39	355	
156	01:14:33	WILLIAMS, Mark	Croft Ambrey RC	Vet Men 50-54	272	
157	01:14:37	MARTIN, Paul		Senior Men	343	
158	01:14:43	DAVIES, Stephen		Vet Men 40-44	226	
159	01:14:47	BILBAO, john		Vet Men 60 - 64	50	
160	01:14:55	HIBBITT, David	Worcester AC	Vet Men 70 - 74	22	
161	01:15:01	PRICE, John	Hay Hotfooters	Vet Men 60 - 64	147	
162	01:15:02	LOOK, Edward		Vet Men 50-54	42	
163	01:15:10	WOOD, Rob	Croft Ambrey RC	Vet Men 60 - 64	8	
164	01:15:21	MEADOWS, Jonathan		Senior Men	359	
165	01:15:28	BRADFORD , Luke		Vet Men 40-44	100	
166	01:15:40	EDWARDS , Jan	Wye Valley Runners	Vet Women 60 - 64	7	
167	01:15:41	GOODWIN , Ali		Vet Women 35-39	251	
168	01:15:55	KIRKPATRICK, Ian		Vet Men 65 -69	179	
169	01:16:06	GRIFFITHS , Andrew		Vet Men 40-44	118	
170	01:16:12	DAVIES-WARD, Liz		Vet Women 55- 59	27	
171	01:16:25	SMITH, Thomas		Senior Men	231	
172	01:16:29	RAMBAUD, Marc		Senior Men	29	
173	01:16:30	CROOK, Micheal		Senior Men	32	
174	01:16:36	CARDEN , Claire		Vet Women 45-49	308	
175	01:16:38	COURT, Suzanne	Parc Bryn Bach Running Club	Vet Women 45-49	47	
176	01:16:40	EDWARDS, T.J.Aled	Brecon Triathlon Club (BTC)	Vet Men 40-44	135	
177	01:16:43	CLARKE, Keith		Vet Men 50-54	285	
178	01:16:53	DAVIES, Liz		Vet Women 40-44	55	
179	01:17:01	MCGOLDRICK , Sian	Parc Bryn Bach Running Club	Vet Women 50-54	41	
180	01:17:15	MERREDY, Victoria		Senior Women	337	
181	01:17:45	BENNION, Alan		Vet Men 50-54	182	
182	01:17:49	COTTERELL, Stuart		Vet Men 60 - 64	45	
183	01:17:50	LEWIS, Sharon		Vet Women 45-49	81	
184	01:17:53	TAYLOR , Matt		Vet Men 40-44	51	

Place	Time	Name	Team	Category	Race No	Grading
185	01:17:55	RUCK, Melinda	Forest of Dean AC	Vet Women 45-49	11	
186	01:17:56	ROSSER, Martyn	Hay Hotfooters	Vet Men 65 -69	170	
187	01:17:58	CLYNES, grahame		Vet Men 40-44	375	
188	01:18:03	KING, Stephanie	Croft Ambrey RC	Vet Women 50-54	130	
189	01:18:07	NICHOLAS, Craig		Senior Men	124	
190	01:18:23	POWELL, Timothy		Vet Men 40-44	227	
191	01:18:25	BRAND, Dave		Vet Men 55-59	87	
192	01:18:37	SHELDON, Philip	Black Pear Joggers	Vet Men 50-54	243	
193	01:18:43	EDWARDS, Gregory		Vet Men 40-44	39	
194	01:18:53	CULSHAW, Helen		Vet Women 35-39	138	
195	01:18:55	GRAY, Cathy		Vet Women 55- 59	134	
196	01:18:59	HEMBLADE, Kate		Vet Women 40-44	249	
197	01:19:27	HORNCASTLE, Cliff	Lonely Goat RC	Senior Men	191	
198	01:19:43	TURNER, Kevin		Vet Men 45-49	314	
199	01:19:43	DAVIDSON, Sarah		Senior Women	30	
200	01:19:48	ZENIUK, Danni		Senior Women	278	
201	01:20:04	WESTON, Paul		Vet Men 60 - 64	267	
202	01:20:07	JARDINE, Lucy	Hay Hotfooters	Vet Women 50-54	201	
203	01:20:09	BAYLISS, Mark		Vet Men 55-59	137	
204	01:20:13	DIMBYLOW , Nathan	Wye Valley Runners	Senior Men	332	
205	01:20:14	JAMES, Shane		Vet Men 40-44	169	
206	01:20:40	WOOD, Amanda Jill		Senior Women	184	
207	01:20:43	MCMINTY, Hannah		Senior Women	31	
208	01:20:46	HAYTER , Alice	Malvern Buzzards	Vet Women 40-44	235	
209	01:21:06	BROWN , Jo		Vet Women 45-49	116	
210	01:21:07	PERKINS, Lindsay		Senior Women	348	
211	01:21:08	HUSBAND, Andy		Vet Men 50-54	94	
212	01:21:09	MURPHY, Emma		Vet Women 40-44	110	
213	01:21:09	SMALLWOOD , Billy	Wye Valley Runners	Vet Women 50-54	53	
214	01:21:24	WOODYATT, Michael Alan		Vet Men 60 - 64	69	
215	01:21:26	JONES, Alan	Black Pear Joggers	Vet Men 50-54	209	
216	01:21:42	LLOYD , Ralph	Wye Valley Runners	Vet Men 55-59	12	
217	01:22:06	YOUNG, Andy		Vet Men 45-49	61	
218	01:22:07	MILLWARD, Salli	Vegan Runners	Vet Women 45-49	52	
219	01:22:16	GRICE, Robert	Reading Roadrunners	Vet Men 55-59	129	
220	01:22:19	DAVIES, Kelly		Vet Women 35-39	339	
221	01:22:28	LAVELLE, Tina	Hay Hotfooters	Vet Women 60 - 64	155	
222	01:22:32	MARTIN, Kerry		Vet Women 35-39	186	
223	01:22:37	WHITEHOUSE, Heather		Vet Women 45-49	4	
224	01:22:39	WHITEHOUSE, Robin		Vet Men 45-49	1	
225	01:23:13	MERREDY, Lucy		Senior Women	354	
226	01:23:18	WILSON, Peter	Malvern Buzzards	Vet Men 50-54	236	
227	01:23:23	WILKES, Kathy		Vet Women 35-39	353	
228	01:23:40	WHITE, Karen		Vet Women 40-44	35	
229	01:24:06	CLAYTON, Hayley		Vet Women 40-44	151	
230	01:24:28	FOKES, Kate	Knowle & Dorridge RC	Vet Women 35-39	213	

Place	Time	Name	Team	Category	Race No	Grading
231	01:24:31	HUMPHREYS, Becky	Wye Valley Runners	Senior Women	273	
232	01:24:33	HALL, Nicola	Forest of Dean AC	Vet Women 60 - 64	253	
233	01:24:35	BARNES, Sophie		Vet Women 45-49	128	
234	01:24:43	BOWEN, Donna		Vet Women 45-49	164	
235	01:24:51	DENNIS, Ian		Vet Men 60 - 64	142	
236	01:25:04	KERR, Jane	Builth & District Running Club	Vet Women 50-54	99	
237	01:25:17	DAWES, Louise	Birmingham Running Athletics & Triathlon Club (BRAT)	Vet Women 55- 59	206	
238	01:25:23	MEEK, Tessa		Vet Women 45-49	144	
239	01:25:24	GILLARD, Amanda		Vet Women 50-54	143	
240	01:25:26	READ, Jane		Vet Women 45-49	311	
241	01:25:44	HORTON, Caroline		Vet Women 35-39	212	
242	01:25:53	ANDERSON, Emma		Vet Women 40-44	326	
243	01:25:53	SMITH, Howard James		Senior Men	324	
244	01:26:07	SCANLON, Georgia		Senior Women	68	
245	01:26:08	SCANLON, Neik		Vet Men 50-54	66	
246	01:26:13	PHILLIPS, Suzanne (Soo)		Vet Women 50-54	183	
247	01:26:24	JONES, Kate		Vet Women 35-39	338	
248	01:26:44	WOODWARD, Donna	Vegan Runners	Vet Women 40-44	275	
249	01:26:45	CURTIS, Shawn		Vet Men 45-49	266	
250	01:26:52	DICKINSON, Victoria	Croft Ambrey RC	Vet Women 50-54	234	
251	01:27:00	DAW , Chris		Senior Men	317	
252	01:27:37	KENNEDY, Tom		Senior Men	203	
253	01:27:43	KEEGAN, Helen	Ledbury & District Harriers	Vet Women 50-54	67	
254	01:27:57	KOOPMAN, Alyson		Vet Women 35-39	79	
255	01:28:40	STEEL, Will		Vet Men 50-54	247	
256	01:28:41	STEEL, Elizabeth			246	
257	01:28:43	HOBSON, Karen		Vet Women 45-49	119	
258	01:29:33	HILLSTEAD, Sharon		Vet Women 45-49	306	
259	01:29:34	NICHOLLS, Alan	Hay Hotfooters	Vet Men 65 -69	131	
260	01:29:46	GRAY, Lisa	Croft Ambrey RC	Vet Women 45-49	356	
261	01:29:54	PATTERSON, david		Vet Men 50-54	190	
262	01:30:42	SMITH, Sandra		Vet Women 50-54	364	
263	01:30:58	HOVERS, Kate	Brecon Triathlon Club (BTC)	Vet Women 55- 59	298	
264	01:31:09	HARRHY, Alan		Vet Men 75 -79	23	
265	01:31:16	BALLANTYNE, Lisa		Vet Women 50-54	294	
266	01:31:25	ROPER, Sara		Vet Women 45-49	291	
267	01:31:29	PILCHER, Polly		Vet Women 65 - 69	127	
268	01:31:35	HORTON-WALSH, Sarah		Vet Women 45-49	238	
269	01:31:36	HOUGH, Dors		Vet Women 50-54	237	
270	01:32:11	PURSEY, Frederick		Senior Men	287	
271	01:32:37	PARRIS, Denise		Vet Women 40-44	208	
272	01:33:27	HALL, graham		Vet Men 70 - 74	78	
273	01:33:35	BRYAN, Christine		Vet Women 35-39	341	
274	01:33:50	HUGHES, Sarah-Jane	Brecon Triathlon Club (BTC)	Vet Women 40-44	256	
275	01:34:42	PLANT, Natasha		Vet Women 45-49	175	
276	01:35:19	ROUGHLEY, Lisa		Vet Women 40-44	305	

Place	Time	Name	Team	Category	Race No	Grading
277	01:35:49	LEYLAND MORGAN, Sarah		Vet Women 50-54	369	
278	01:35:50	MORGAN, Guy		Vet Men 50-54	368	
279	01:36:39	PEACOCK, Roger		Vet Men 60 - 64	224	
280	01:37:29	SMITH, Peter	Wye Valley Runners	Vet Men 70 - 74	82	
281	01:37:32	CROWLEY, Kate		Vet Women 35-39	223	
282	01:37:34	TROTT, Tim		Vet Men 55-59	195	
283	01:37:47	WARREN, Craig		Vet Men 40-44	315	
284	01:38:34	LANCASTER, Ian		Vet Men 40-44	93	
285	01:39:09	WATKINS, Jason		Senior Men	309	
286	01:39:11	COVELL, Dave		Vet Men 60 - 64	245	
287	01:43:08	VICARAGE, Justin		Vet Men 40-44	180	
288	01:44:10	BROWN, Chloe		Senior Women	280	
289	01:46:13	POWELL, Heather	Croft Ambrey RC	Vet Women 55- 59	361	
290	01:46:16	GRIFFITHS, Emily		Vet Women 35-39	178	
291	01:47:58	CURTIS-MOORE, Liam	Wye Valley Runners	Senior Men	346	
292	01:56:56	WATKINS, Donna		Vet Women 45-49	307	
293	01:56:57	BALCOMBE , Kate		Vet Women 40-44	327	
294	01:57:09	WINNEY, Sara		Vet Women 45-49	310	
295	01:57:14	COOK, Suzy		Vet Women 45-49	304	
296	01:57:56	DAVIES, Sherrie		Senior Women	290	
297	01:57:57	MONTAGUE, Stephanie		Senior Women	292	
298	01:59:14	BOLTON, Jordi		Senior Women	316	
299	01:59:15	FOWLE, Sandra		Vet Women 50-54	286	
300	01:59:17	KNILL, Shaun		Vet Men 45-49	248	